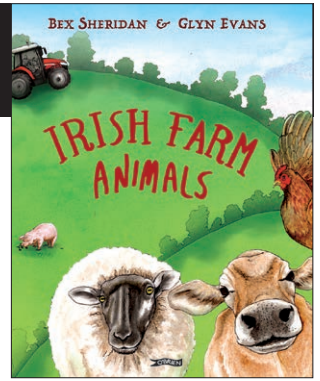


Where Does It All Come From? Pages 4-7



Should we be interested in farming? Find and list four reasons why it is important to know what happens on a farm.

How does food packaging cause problems for our environment?

In groups, make a poster to show the healthy foods that you should eat and the unhealthy foods that you should avoid.

Without farms or farmers, there would be no food for us to eat. However, not all our food comes from Irish farms. Ask a parent or guardian to help you to make a list of the food that you eat during the week, using the box below. Check how much of it is Irish produce and how much is fresh or processed. (TIP: Processed food is usually canned, or has lots of packaging.)

What we eat every week

(Underline the Irish food and tick the fresh food.)

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

(Read pp6-7)
Make a seasonal To-Do list for the farmer of the jobs that need to be done in each season.
Highlight the three most important jobs for each season. Explain why they are more important.

