



# Eva's Holiday: What Can You Say?

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We R Here 4 U: How to help friends who have been bereaved		
Things we can say	Things we mustn't say	Things we can do

(Read p69)

Sometimes it can be very difficult to speak to someone when they are bereaved. We want to say something to them, but what can we say? Sometimes we are afraid of saying the 'wrong' thing and just decide to say nothing at all.

Do you think that you could prepare a little guide or leaflet for your class of things to do and things to say or NOT say if ever one of your friends suffered bereavement?

You will find some really good information on these sites to help you prepare your leaflet.

[www.winstonswish.org.uk/foryoungpeople](http://www.winstonswish.org.uk/foryoungpeople)

[www.crusebereavementcare.org.uk/CYPTips.html](http://www.crusebereavementcare.org.uk/CYPTips.html)

[www.crusebereavementcare.org.uk/CYPResponses.html](http://www.crusebereavementcare.org.uk/CYPResponses.html)